one

SPA BY FINEST RESORTS

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ONE SPA HONORS THE UNIVERSALITY THAT BINDS ALL DIVERSITY. IN KEEPING WITH OUR MESSAGE OF "ONE LOVE, ONE WORLD, ONE ENERGY", WE RESCUED AND CRAFTED, WITH LOVE, REVERENCE AND DEVOTION FOR LIFE AND ALL BEINGS, OUR ONE SIGNATURE RITUALS, FACIALS, BODY TREATMENTS AND MASSAGES.

ONE Spa invites you to embark on a transformative journey, where nurturing therapies from around the globe converge to restore balance and well-being. Immerse yourself in the healing embrace of potent botanicals, powerful stones, and purifying waters, guided by the expert hands of our therapists who channel the body's innate energy.

ONE SPA FOR COUPLES

FINEST SIGNATURE COUPLES MASSAGE 100 min $640 USD per couple

Embark on a bespoke journey of relaxation and renewal, crafted exclusively for you and your partner. This signature massage artfully blends the soothing strokes of Swedish techniques, the precise pressure of Shiatsu, the liberating stretches and the rhythmic flow of Lomi Lomi, and the sedative effects of hot stones for your back. Experience a symphony of sensations as tension melts away, flexibility is enhanced, and your body and mind are brought into perfect harmony. This deeply personalized therapy is ideal for couples seeking an unparalleled experience of shared well-being. Enjoy a glass of sparkling wine to celebrate love.

VITAL BALANCE COUPLES EXPERIENCE 100 min $640 USD per couple

Experience the unity of energy and harmony with this therapeutic couples' ritual. Your journey begins with a revitalizing mint foot treatment, integrating shiatsu and reflexology to awaken your senses. A warm, aromatic massage with Eucalyptus, Frankincense, Patchouli, Bergamot, Pine, and Geranium oils follows, expertly designed to lengthen muscle fibers and promote deep relaxation. Complete your experience with a tranquil scalp massage, fostering a profound sense of connection and well-being. Enjoy a glass of sparkling wine to celebrate love.

TWO SOULS RITUAL 100 min $640 USD per couple

Embark on a journey of inner peace and profound connection with this soothing ritual. Enveloped in the calming aromas of Mandarin, Lavender, and Chamomile, experience a serene massage for all the back part of your body, that gently guides you to your inner self. This tranquil experience is followed by a nourishing organic and hydrating facial, and a jojoba and cedar scalp massage, cultivating a sense of calm, balance, and deep connection for two loving souls. Enjoy a glass of sparkling wine to celebrate love.

DEEP & HOT STONE COUPLES MASSAGE 75 min $500 USD per couple

This deeply therapeutic massage combines expert deep tissue techniques with the restorative power of bergamot, orange and lemon known for its relaxing properties, to release stiff muscles and ease tension. The sedative and therapeutic warmth of hot stones further enhances relaxation, providing a comprehensive therapy for both body and mind. Emerge feeling revitalized and deeply restored.

THE PEACEFUL COUPLES MASSAGE 75 min $500 USD per couple

Enter a haven of peace and tranquility, where the calming aromas of Mandarin, Lavender, and expertly blended essential oils create a serene atmosphere. Warm herbal pillows enhance a soothing cranial massage, while targeted techniques release tension from key areas—head, jaw, ears, chest, neck, and back. Experience a profound sense of balance and inner calm.

SEA BREEZE COUPLES MASSAGE 75 min $480 USD per couple

Immerse yourselves in an oceanfront serenade, where the gentle rhythm of the waves becomes the soundtrack to your shared relaxation. This unique couples massage, enhanced by the soft caress of the sea breeze, is a symphony of romance. Experience a profound sense of tranquility and connection as the ocean's natural beauty envelops you.

ONE RITUALS

FINEST SIGNATURE MASSAGE 100 min $320 USD

This signature massage artfully blends the soothing strokes of Swedish techniques, the precise pressure of Shiatsu, the liberating stretches and the rhythmic flow of Lomi Lomi, and the sedative effects of hot stones for your back. Experience a symphony of sensations as tension melts away, flexibility is enhanced, and your body and mind are brought into perfect harmony.

RECOVERY REMEDY RITUAL 100 min $320 USD

This transformative ritual awakens your inner light through an aura cleansing with sacred herbs, followed by warm herbal envelopment infused with Juniper, Eucalyptus, and Rosemary, allowing your body to absorb nature's revitalizing energy. The most amazing full body therapeutic massage combined with basaltic river stones, known for their anti-inflammatory powers, gently rebalance your muscles and energetic flow, while therapeutic massages rejuvenate your entire being.

INNER LIGHT RITUAL 130 min $370 USD

Reconnect with the essence of your being, Inner Light an invitation to pause and remember that true beauty is an internal glow, born from peace and self-love. The journey starts with a grounding foot ritual, to wash away stress,followed by a purifying shea body scrub for a renewed skin and a conscious, neuro-sedative therapeutic massage with hip rose oils to rejuvenate and the sublime touch of an organic bio-celluar facial treatment with guasha techniques to nourish, restore vitality and glow. A total ceremony of gratitude for your life.

INTENSIVE RELAXATION RITUAL 100 min $320 USD

A profound therapeutic ritual. A tailored specialized massage to address your unique state of body and mind, combining the the power of antinflamatory oils, best techniques and a deep cranial and neck massage to totally release accumulated tension and fatigue, bring rest to your mind and recover your body.

ONE BALANCE RITUAL 100 min $320 USD

A therapeutic ritual. Your journey begins with a revitalizing mint foot treatment, integrating shiatsu and reflexology to awaken your senses. A warm, aromatic massage with Eucalyptus, Pine and Frankincense, expertly designed to lengthen muscle fibers and promote deep relaxation. Complete your experience with a tranquil scalp massage, fostering a profound sense of connection and well-being.

MEZCAL HEALING RITUAL 100 min $320 USD

Experience the ancient healing power of Mezcal, a pre-Hispanic elixir used in sacred rituals. This transformative therapy harnesses Mezcal's digestive, sleep-enhancing, circulatory, and muscle-soothing properties. Warm herbal poultices infused with Lemongrass, Eucalyptus, and Chamomile, combined with a Mezcal rub and deep tissue muscular techniques, deeply restore your vital energy and alleviate fatigue. Emerge feeling revitalized and balanced.

ONE AQUA HYDROTHERAPY JOURNEY 60 min $110 USD

Immerse yourself in the purifying embrace of water, the lifeblood of healing and transformation. This ritual, inspired by ancient bathhouse traditions (Salute per Aqua), guides you through a curated sequence of aqua stations. Feel the revitalizing effects of varied pressures, temperatures, therapeutic muds, targeted jets, thermal showers, microcirculation beds, Turkish bath, and dry sauna. We cleanse and revitalize your body, releasing toxins, improving skin radiance, stimulating circulation, and infusing it with the restorative properties of herbal teas and macerations. ONE AQUA is a signature experience, designed to prepare your body and soul for deeper spa therapies.

We suggest that you include it as a first step to all your treatments.

ONE MASSAGES

PEACEFUL MASSAGE 50 min $170 USD
PEACEFUL MASSAGE 75 min $240 USD

Find sanctuary in a haven of calm and tranquility. This therapeutic massage blends the soothing aromas of Mandarin, Lavender, and expertly chosen essential oils with the comforting warmth of herbal pillows. A targeted cranial massage and specialized techniques release tension from key areas—head, jaw, ears, chest, neck, and back—promoting a profound sense of balance and inner peace.

The 50 minutes version is dedicated to all the back part of the body and the 75 minutes version is a full body massage.

DEEP THAI MASSAGE 50 min $170 USD
DEEP THAI MASSAGE 75 min $240 USD

Experience a dynamic fusion of Thai massage techniques and invigorating physiotherapy. This therapeutic treatment releases fatigue and stiffness in joints and muscles through targeted techniques and aromatic balms of Grapefruit, Clove, Rosemary, Mint, Orange, and Laurel. Emerge feeling refreshed, revitalized, and with a profound sense of lightness.

The 50 minutes version is dedicated to all the back part of the body and the 75 minutes version is a full body massage.

DEEP & HOT STONES MASSSAGE 75 min $250 USD

This deeply therapeutic massage combines expert deep tissue techniques with the restorative power of bergamot, orange and lemon known for its relaxing properties, to release stiff muscles and ease tension. The sedative and therapeutic warmth of hot stones further enhances relaxation, providing a comprehensive therapy for both body and mind. Emerge feeling revitalized and deeply restored.

STRESSCURE MASSAGE 75 min $240 USD

Experience profound relief and rejuvenation, this massage harnesses the ancient healing power of an energizing oil blend, with potent pain-reducing and anti-inflammatory properties, ideal for soothing stiff muscles and calming anxiety. We begin with the deeply therapeutic application of warm herbal pouches, combined with expert deep kneading techniques to alleviate soreness and eliminate contractures. A soothing seven-herb balm is applied to the back, followed by a tranquil scalp massage to calm the mind. Emerge from this transformative therapy feeling renewed and revitalized.

WHISPERS OF EARTH GROUNDING MASSAGE 75 min $240 USD

A transformative massage designed to release physical and mental tension, restoring your natural vibrational frequency. Experience the therapeutic benefits of warm wild orange oil, combined with the grounding warmth of hot stones and the energetic alignment of gemstones. Expert stretching and massage techniques work to release muscle tension, promoting deep relaxation and restoring equilibrium. Rediscover your inner balance and connection to the earth.

SWEDISH RELAXING MASSAGE 75 min $240 USD

Considered the perfect balance of therapy and relaxation, gentle yet effective results providing gentle pressure and friction that soothe sore muscles and loosen tight joints. eases tension, wipes out stress and promotes deep relaxation.

INFINITE SERENITY MASSAGE 75 min $250 USD

Experience ultimate relaxation and relief with a medium to deep pressure massage designed to release tension and restore balance. Complete your journey with a flash nourishing facial, leaving your skin refreshed and radiant.

PRECIOUS MOM TO BE 75 min $240 USD

The absolute meaning of One love, One energy. Cherish this special time with a treatment designed for the special needs of you and your baby. Close your eyes and breathe in soft, beautiful aromas as you are enveloped in expert loving touch. Nourishing oils of black thorn, moor lavender and damask rose ensure the most pure and natural care for you and your little one.

ALOE HEALING TREATMENT 50 min $180 USD

With the One love of Aloe healing plant and the richness of green seaweed, the skin becomes repaired and healed from burns, in a fresh and subtle wrap for body and face, to rehydrate, mineralize and calm the skin in a cherishing cocoon, making you feel comforted and alleviated.

ONE FACIALS

ORGANIC CARE FACIAL 50 min $185 USD

Restore ultimate balance to your skin with the wisdom of nature. This sublime facial utilizes the protective power organic extracts to calm irritation, intensely hydrate, and reinforce the skin barrier. Infused with organic extracts of turmeric, chamomile, blueberry, and pomegranate, it deeply nurtures the skin microbiome while melting away tension. Paired with flowing, meditative massage techniques, this treatment leaves the complexion perfectly equilibrated and glowing. Suitable for all skin types in need of comfort and regeneration.

HYDRA-LURONIC ESSENCE FACIAL 75 min $250 USD

Begin a journey of holistic renewal with a grounding herbal footbath, centering your energy. This luxurious facial infuses your skin and spirit with nourishing essential oil synergies, including Chamomile, Lavender, Cypress, Sage, and Rosemary. Breathe deeply as these healing botanicals restore hydration and balance with vegan hyaluronic acid, allowing your skin to naturally retain moisture. Experience a conscious facial lifting massage, while aromatherapy harmonizes your emotions, leaving you feeling utterly refreshed and renewed.

BIO-FILLER 3D FACIAL 75 min $250 USD

Experience the transformative power of advanced skincare, an innovative Japanese inspired therapy utilizing ultra-low molecular Hyaluronic Acid and Ionized Minerals to deeply penetrate the skin, with kobido rejuvenating technique restoring its structure and boosting cellular regeneration. Enhance hydration, detoxify, and strengthen skin immunity while visibly diminishing expression lines. This treatment also normalizes mineral balance and accelerates the skin's natural renewal process, revealing a youthful, radiant complexion.

AQUALIFT ULTIMATE FACIAL 75 min $290 USD

Dive into deep hydration, combining the power of Aquaboost system of intense hydration that thoroughly cleanses, extracts, and hydrates your skin, followed by a luxurious infusion of Vagheggi Rehydra's vegan hyaluronic acid products. Designed to visibly reduce fine lines, enhance skin elasticity and, promote collagen production, this treatment delivers a pristine, renewed complexion with a luminous finish.

HYDRABOOST DEEP CLEANSE FACIAL 25 min $130 USD

This advanced treatment harnesses the power of the Aquaboost system to deliver a deep cleanse, gentle exfoliation, and intense hydration.
We then infuse your skin with premium hydrating solutions, precisely formulated to purify, balance, and replenish moisture. The result is a remarkably clear, deeply hydrated, and wonderfully radiant complexion that feels as good as it looks.

THE BARBER'S TOUCH FACIAL 50 min $180 USD

This unique treatment is designed specifically for men, incorporating traditional barbering techniques with modern skincare expertise. We begin with a gentle yet effective clay foaming exfoliation to smooth and refine the skin's texture. Next, a soothing , hydrating and restoring serum is applied to deeply hydrate and revitalize, leaving your skin feeling refreshed and invigorated. Finally, a luxurious hydrating and calming mask is used to lock in moisture and promote a healthy, radiant complexion.

ONE KIDS
For family and kids

Create meaningful experiences and fantasy for the little ones at ONE SPA, in our Beauty Salon exclusively for KIDS and our Treatment room for their soothing and caring massages and facials. We invite you to tour the spa with us.

FINEST FAIRIES 75 min

A magical fairytale escape designed for a special Mommy & daughter date. Your journey begins with a heartwarming "holding hands" ritual, followed by a relaxing side-by-side massage featuring soothing aloe balm for Mommy and organic kid's skin care for her little one. Conclude with a tailored mini-facial—using the advanced, calming organic extracts for Mommy and a delightful, fruit-infused formula to nurture her little fairy's delicate skin.

$400 USD for adult and child under 12 years

SHARING WITH FAMILY MASSAGE 50 min
(DUO TO QUARTET, KIDS UP TO 12 YEARS)

A beautiful side-by-side family massage designed to calm the mind and soothe the body. Adults unwind with a comforting, deeply hydrating aloe balm to melt away tension, while little ones are pampered with a gentle, organic massage balm crafted just for young skin. The perfect peaceful escape to connect and unwind together.

$160 USD per member

FOR THE LITTLE ONE:
Little Guests, Specialized Care

Welcome to a wellness sanctuary created just for our littlest guests! Because children's skin is finer, more delicate, it requires its own specialized care. That is why our kid's spa treatments exclusively feature TOOFRUIT—the world's first certified organic, dermatological skincare brand designed strictly for children. Infused with natural fruit extracts and entirely free from harsh chemicals, these ultra-gentle formulas protect and nourish young skin while introducing them to the joyful art of self-care. It's a fun, fruit-filled, and completely safe spa experience parents can fully trust

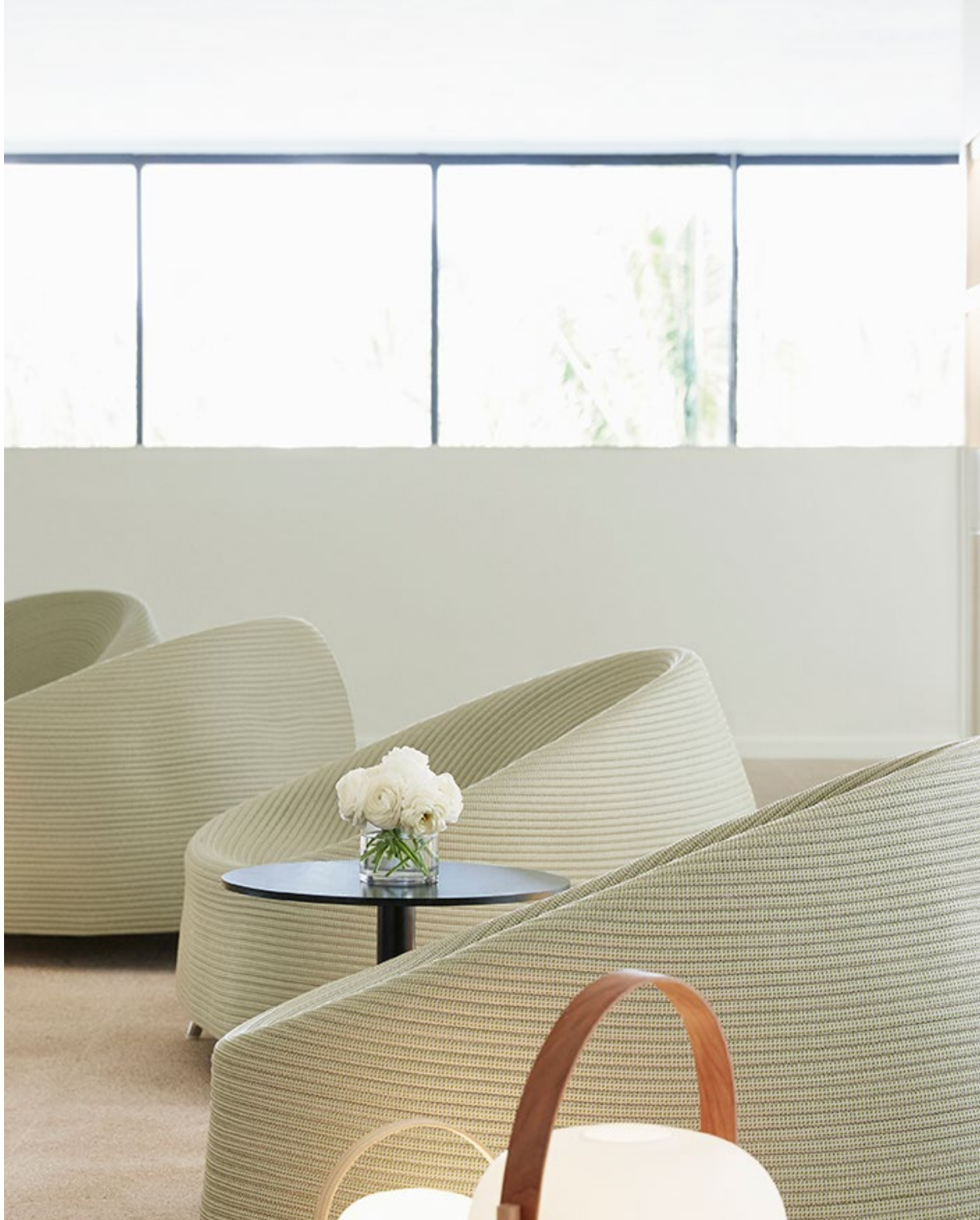
JUNGLE MINI FACIAL 25 min $60 USD

Let them play and learn how to take care of their skin, with a gentle organic flower scrub a coconut hydrating and protective mask, sun protection and cucumbers in her eyes, have fun and nourish their skin in aloe balms with refreshing touches. Can be done as little groups of 2 to 4 kids.

MAKE ME SLEEP MASSAGE (2 TO 5 YEARS) 25 min $90 USD

SOOTHING KIDS MASSAGE (UP TO 12 YEARS) 50 min $160 USD

A playful and soft movement massage to calm and comfort them with organic protective balms with coconut, olive, raspberry and peach extracts to nurture delicate skin, soft tones creat a shsh... lullaby for them. Mom can learn with the therapist how to apply massage to the little one.



ONE SPA FAQ

How do I decide which treatment is right for me?
One of our spa professionals will help you plan the perfect spa experience and the optimum sequence of your treatments, based on your objectives.

What if I have special health conditions?
Please notify a spa professional before scheduling your appointment and they will suggest a plan that's right for you.

May I request a male or female therapist?
Yes. Although we cannot guarantee the availability of a particular therapist, we will make every effort to accommodate your wishes. All of our therapists are trained to respect and protect your privacy at all times.

What do I wear during my treatment?
Wear whatever is most comfortable for you. Our staff may provide you with disposable undergarments for the body treatments.

What about my jewelry and valuables?
Please leave all valuables in your room's safety deposit box or the secured lockers in the changing rooms. ONE Spa is not responsible for lost or forgotten valuables.

What if I'm late for my appointment?
Arriving late may limit the time for your treatment. Depending on the length of your service, a late arrival may be classified as a 'no-show.'

How early should I check in for my scheduled appointment?
We recommend check-in at least 10 minutes prior to your spa appointment. This will allow you enough time to register, get your locker assignment, change into your robe and relax for a few minutes before your spa treatment begins. If you have booked the ONE Aqua Hydrotherapy Journey, please arrive 60 minutes prior to your first treatment if you want to enjoy our luxurious hydrotherapy facilities with whirlpools, cold plunge, sauna, steam room and more.

What precautions do I need to know?
We recommend eating and drinking in moderation and avoiding alcoholic beverages prior to your spa service, exercise classes, whirlpools and heat treatments. Do not shave your legs prior to a body scrub treatment. Severe sunburn may prevent you from enjoying a spa treatment. Be conscious and use sun protection.

Are gratuities included?
Gratuities are not included with ONE Spa treatments.
They may be charged to your credit card or cash.

How is payment for spa services handled?
ONE Spa treatments may be payed with credit card.

What is your cancellation policy?
Cancellations must be made at least 24 hours prior to your scheduled appointment or 50% price list value of the spa service will be applied.

What if I forget to show up for my appointment?
No-shows will be charged 50%.

NOTE: Promotions or discounts in ONE Spa cannot be applied to any other promotion given by the Travel Agency or Hotel Reservations.

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SPA BY FINEST RESORTS

OPENING HOURS 9 A.M. TO 7 P.M.

RESERVE AT EXT. 3481 / 3483 | ONESPA@FINESTRESORTS.COM