

**LAS
DUNAS**
BEACH HOUSE
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## SNACKS MENU

 **PINEAPPLE SALAD**

Roasted pineapple, lettuce, cucumber, olives, tajin vinaigrette

 **SEASONAL FRUIT COCKTAIL**

**SHRIMP COCKTAIL**

 **AGUACHILE**

Shrimp, octopus & squid

**POKE**

Tuna or salmon, rice, avocado, soy beans, alfalfa sprouts, radish, sesame, soy sauce

 **SPICY CHICKEN WINGS**

Ranch dressing, vegetable julienne

**NACHOS**

Guacamole, chili, cheddar, pico de gallo

**FRIED BURRITO**

Shrimp, beans, cheese, guacamole

**FLANK STEAK QUESADILLA**

Guacamole and pico de gallo

**BURGER**

Beef or chicken, cheddar, pickles, French fries

**VEGAN BURGER**

Soya patty, vegan cheddar, pickles, French fries

**HOT DOG**

Bratwurst, caramelized onions, French fries

**HARD SHELL SALMON TACO**

Goat cheese, parsley alioli

**DESSERTS**

**SEASONAL FRUIT TART**

**BLONDIE CAKE WITH CRANBERRIES**

# WHOLE FOOD PLANT-BASED MENU

## STARTERS

   CHICKPEA TOSTON  
Cilantro-Garlic Cream

   HEALTHY HEART TACO SALAD  
Mix of mushrooms, corn, carrots, tomatoes, cabbage, jicama, guacamole, sweet potato chips

   POWER SLAW  
Cabbage rolls filled with red cabbage, broccoli, apple, sweet potato, quinoa, almond dressing

## SOUP

MINT & AVOCADO SOUP  
Chili oil, cucumber, lemon, apple chips

-  Healthy dishes which help in maintaining balanced diet
-  Gluten free dishes

## MAIN COURSES

 CLASSIC BURGER  
Grilled plant-based patty, cheddar cheese, lettuce, tomato, cucumber, red onion

 EGGPLANT PARMIGIANA SANDWICH  
Crispy eggplant, homemade marinara sauce, cheese dip, pesto

## DESSERT

 VEGAN CARROT CAKE  
Spices, yogurt cream

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have a medical condition.

-  Whole Food Plant-Based option
-  Spicy dishes