## insieme TRATTORIA

## APPETIZERS

(1) Prosciutto, cantaloupe and basil with balsamic honey dressing
(1) Mussels with white wine sauce, caramelized onions and pesto

Fried calamari with tomato sauce and parmesan cheese

## SALADS


(0) Arugula salad with avocado, grapefruit and pecan vinaigrette

## SOUPS

Minestrone soup
Portobello mushroom cream

These are healthy dishes which help in maintaining balanced diet
(bb) These are gluten free dishes

## PASTA

Spaghetti with bolognese sauce and garlic bread

## FISH

Roasted red tuna loin with lime and parsley crust, cambray potatoes and green beans
(10) Shrimps with grilled bell peppers, corn, white wine risotto and tomatoes
(6) Mediterranean salmon with olives, tomato, and basil, garlic mashed potatoes

## SANDWICH

Grilled chicken club in rosemary focaccia

Beef burger, caramelized onions, arugula in toasted sesame bun

## MEAT

Lime chicken with capellini pasta and broccoli

Beef lasagna, tomato sauce, balsamic vinegar reduction

## PIZZAS

## MARGHERITA

Tomato sauce, fresh mozzarella cheese, basil

MEXICAN
Beans, chorizo, jalapeño chili, onions

MIX
Pepperoni, ham, mushrooms, onion and bell peppers

SPINACH
Spinach, bacon, sun dried tomato and caramelized onions

## DESSERTS

(18) Coconut and pecan gelato with mascarpone cream

Italian lime pie
Carrot and banana cake
(8) Tiramisu

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have a medical condition.

## WHOLE FOOD PLANT-BASED MENU

## SALADS

-0 (1) "Caprese" salad

- 0 (:) Tender leaf salad, marinated artichokes and candied eggplant with balsamic vinaigrette


## "FOCACCIA"

## © Spinach and fresh

 mozzarella cheese "focaccia"
## PASTAS

O Spaghetti, penne rigate, farfalle or fettuccini

- Green pesto sauce, red pesto sauce and Neapolitan tomato


## PIZZAS

O FARMHOUSE
Tomato sauce, fresh tomato, grilled vegetables, black olives, mozzarella cheese and oregano

O MARGHERITA
Tomato sauce, fresh tomato, mozzarella cheese and oregano

DESSERTS

O Traditional "Arabica" coffee tiramisu

- Oruit, crispy orange and poppy soup

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(1) These are gluten free dishes

0 This dish contains dairy or/and milk
a Whole Food Plant-Based option

DISHES WITH CHEESE MADE WITH ANIMAL MILK WILL BE REPLACE BY A VEGETAL ORIGIN CHEESE

## KID'S MENU

## APPETIZERS

"Focaccia" chicken breast club sandwich

- Tomato and mozzarella cheese

Chicken alphabet soup

